

Start/Finish	Moher Sports Field, Moher/ Cliffs of Moher Visitor Centre/ Doolin Community Centre.
Points	
Terrain	Exposed clifftop path, narrow & steep ascents, flagstone steps, farm tracks, local and regional roads.
Difficulty	High levels of fitness required. Caution exposed clifftop path.
Min. Gear	Hiking boots, warm & waterproof clothing, fluid, SPF, snack, mobile phone.

	Start / Finish		Start / Finish		Start / Finish
Duration	Moher Sports Field	2 hours	Cliffs of Moher Visitor Centre	3 hours	Doolin Community Centre
Distance		6 km		8 km	

Directions to Trailheads

Moher Sports Field

Travelling north on the R478 after Liscannor town turn left opposite "The Rock Shop". Continue straight through a four way junction and take the second right turn and the Moher Sports Field is on the right hand side.

Cliffs of Moher Visitor Centre

The Cliffs of Moher Centre is located on the R478 and signposted from all directions. Keep to the official path, away from the dangerous cliff edge and overhangs.

Doolin Community Centre

The Doolin Community Centre is located north of Doolin village on the R479 on the left hand side.

Trek Guiding

- A-B** From Moher Sports Field follow flagstone markers north to reach Hags Head (1km). Follow the clifftop path for 5km to reach the Cliffs of Moher Visitor Centre.
- B-C** From O'Briens Tower follow the clifftop path which veers inland to reach a farm road. Walk through a narrow passage beside a cattle pen on your left. Travel through this field, keeping the stone wall on your left, until the path takes a sharp left turn back towards the coastline. Follow the trail into Doolin Village (5km).

Cliff Path Safety Code

- ① Keep to the official path, away from the dangerous cliff edge and overhangs.
- ② The cliff path is dangerous and not suitable for children.
- ③ Be aware that weather conditions can change suddenly. Strong onshore wind can suddenly change to offshore as the wind eddies on the higher sections of the cliff. Heavy fog is common and results in extremely poor visibility.
- ④ Apply the principles of Leave No Trace and The Burren Code by being well prepared for your walk, following trail notices, taking home your rubbish and minimising your impact on the environment.





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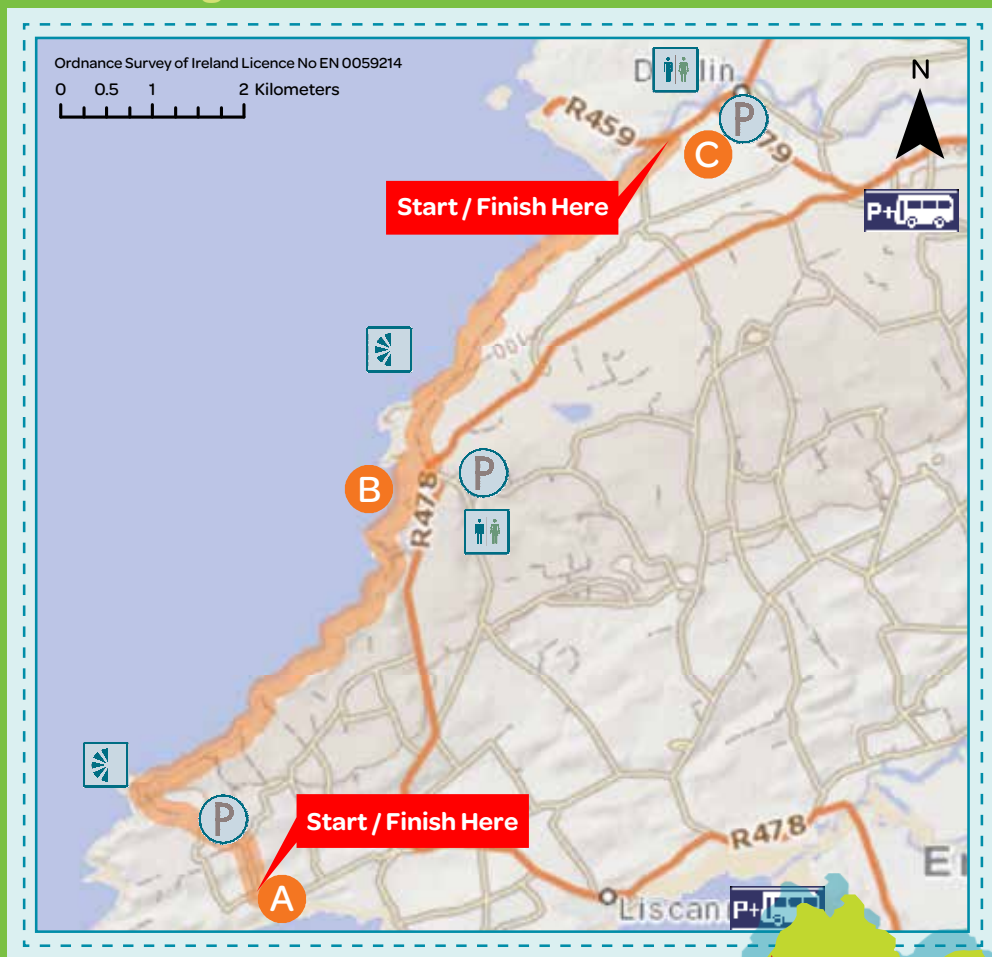
Cliffs of Moher Coastal Walk

linking the villages of Liscannor and Doolin



Linear Walking Trail

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